

# INFRARED

*Sauna*





SAWO is an ISO 14001:2015 (Environmental Management System) and ISO 9001:2015 (Quality Management System) certified company.

# What is infrared?

Infrared heat is produced from a light source. For example, sunlight consists 60% of infrared heat radiation. There are three types of infrared heat: Near, medium and far infrared heat. SAWO infrared sauna rooms are equipped with far infrared panels. Far infrared heat radiation is invisible to the eye but feels comfortable when exposed to the skin. Far infrared heat penetrates approximately 4 - 5cm deep and removes toxins through the skin.





## Is infrared heat good for me?

According to many clinical tests far infrared heat helps to achieve multiple health benefits such as:

- » Improve blood circulation
- » Improve muscle recovery
- » Clean and soft skin
- » Lower stress
- » Detoxify the body
- » Weight loss
- » Strengthen the immune system

# About SAWO Infrared Sauna

SAWO infrared sauna rooms are heated with fiber coated infrared panels and built from durable Western Red Cedar which has a pleasant scent and natural ability to reject wood-eating insects. LED color therapy creates relaxing atmosphere and integrated Bluetooth-speaker allows you to listen your favourite music while enjoying health benefits of SAWO infrared sauna.

Modular walls are pre-wired and exhaust fan is integrated for easy installation. SAWO infrared sauna is plugged to standard EU socket of 230 V 1N~.

## Overview:

- » Material: Cedar
- » Sturdy 17mm solid cedar wood used in walls and ceiling panels
- » Control: temperature, session time, lights and fan
- » Session time: 1 - 99min
- » Fiber coated far infrared panels (170W / panel)
- » RGB LED lights (10W) with integrated Bluetooth-speaker (3W)
- » Pre-installed exhaust fan (18W)
- » Adjustable base support
- » 230V 1N~ plug and play installation
- » Packing: Wooden crate
- » 2 different sizes:
  - 1-person sauna: 1200 W, ext. dimensions: 1000mm x 900mm x 1900mm
  - 2-persons sauna: 1400 W, ext. dimensions: 1000mm x 1200mm x 1900mm



### *Flexible temperature control*

SAWO infrared controller is connected to a sensor that transmits signal to the control. You can adjust the room temperature according to your preference.



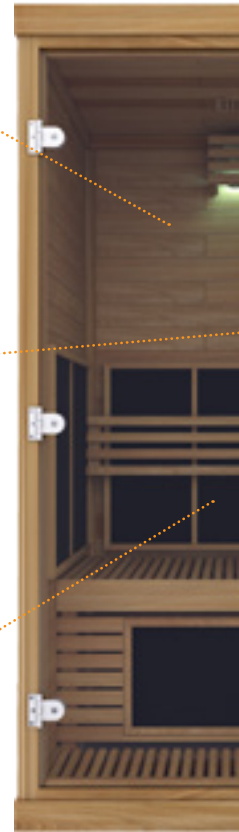
### *Cedar wood panels*

SAWO uses only the top of the line 17mm solid cedar wood panels for saunas. Cedar wood is a soft wood that has a low heat conduction. It also has a natural aroma that repels insects.



### *Unique fiber coated infrared panels*

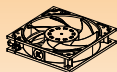
SAWO infrared sauna rooms are with fiber coated panels. Fiber coating makes surface cool to touch.





### *Exhaust fan*

Aside from floor gap as fresh air inlet, SAWO infrared sauna rooms come with pre-installed exhaust fan.



### *Adjustable RGB LED lights with Bluetooth-speaker*

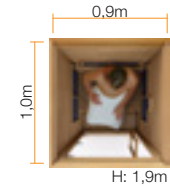
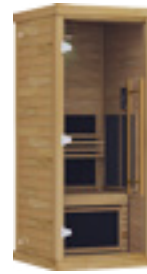
Ambient color is mood changer together with delightful music.



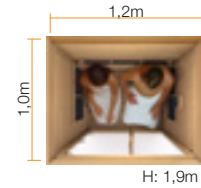
### *DIY Wiring Installation*

Wiring of infrared sauna room does not require an electrician. Cables are properly labelled and with snap-in connector. Plug into a 230V 1N~ power source.





1-Person Infrared Sauna  
Power: 1200 W  
Item Code: IR-1009MS-D



2-Person Infrared Sauna  
Power: 1400 W  
Item Code: IR-1012LS-D



## About the Control

SAWO infrared control is simple and convenient to use. It allows you to adjust room temperature, session time, lights and exhaust fan. The control is attached to the wall with Cedar wood interface holder.





## Advantages of infrared sauna rooms

1. Does not require pre-heating
2. Low energy consumption
3. Easy usage
4. Easy maintenance
5. Plug directly to household outlet (230V ~1N)
6. Mild temperature
7. IR does not heat up the air
8. Heat emitted by infrared panels







[www.sawo.com](http://www.sawo.com)